

# SAFEWARDS in Three Emergency Departments

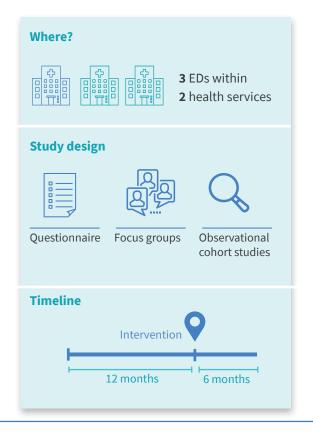
Evaluation of the adaptation and impact of the Safewards Model in emergency departments

## BACKGROUND

Safewards is a model of practice improvement that has been used to promote a **therapeutic response to minimise conflict events in mental health in-patient settings**. This pilot project (Safewards ED) evaluated the impact of nine modified Safewards interventions in three emergency departments (EDs) within 2 health services in Victoria, Australia.

A mixed method approach including: (a) **questionnaire**, (b) **focus groups**, and (c) **observational cohort studies** of conflict events (code grey) and coercive interventions (restraint and medication used to manage patient behaviour); was used to evaluate the Safewards ED interventions 12 months before and 6 months after the implementation.

The aim of the evaluation was to explore the **applicability and impact of Safewards ED interventions**.



**Gerdtz M; Daniel C; Yap C; Knott J; Hamilton B**. University of Melbourne | February 2021 Supported by the Victorian Managed Insurance Authority and the Office of the Chief Mental Health Nurse, Victoria.

# **KEY FINDINGS**

#### **CODE GREY EVENT RATES**



Code Grey event rate was **reduced by approximately 30%** in the six months after implementing the Safewards ED interventions

#### **OUTCOMES FOR VULNERABLE POPULATION/S**



For patients brought to the ED by police for mental health assessment (Section 351), **significantly fewer sedative medications were administered** after implementing Safewards ED interventions



For patients treated under the Mental Health Act (2014) in the ED, the **median duration of mechanical restraint was significantly reduced** after implementing Safewards ED interventions (from 1.8 hours to 1.2 hours; difference of 36 minutes)

#### STAFF PERCEPTIONS ABOUT THE INTERVENTIONS



Staff reported **favourable experiences** using Safewards ED interventions, especially interventions that involved improved **communication skills** and **collaboration** 

## CONCLUSION

This is the first project that has evaluated Safewards model within the ED setting. This project demonstrated nine Safewards ED interventions are applicable to the ED setting with **consistent evidence of positive experiences reported by staff** using the interventions. There was evidence the Safewards ED interventions **reduced some coercive practices**.

## **FUTURE RECOMMENDATIONS**

There was a **substantial reduction of the use of all three types of coercive interventions** among patients brought to the ED by police for a mental health assessment. However, the change was only **observed at one site**. Furthermore, there was limited evidence of change in the rate of mechanical restraint used in Code Grey events and for vulnerable populations. A larger sample size might be able to detect the true effect of the interventions.

### **MORE INFORMATION**

For more information about the Safewards Model, please visit https://www2.health.vic.gov.au/safewards



