

Carer support

1 Before surgery



Are there any appointments I need to be present for?

Who do I contact if I have concerns?

I understand what is required of me?

Will I need to take time off work?

Time to arrive at hospital:

2 Day of surgery



Hospital contact number:

Ward contact number:

Who to contact if I am worried:

Visiting hours:

Café opening hours:

Where to park:

Wi-Fi login details:

Planned date of discharge:

Please see page 2 for contacts if you have questions about signs and symptoms

3 After surgery



What do I need to do to support their recovery?

Signs and symptoms to monitor:

If I have concerns after discharge:

Name:

Contact number:

Notes

If you are unsure what to do or who to call about your signs and symptoms, you can contact:



Your local doctor/GP

If you don't have one you can use the [HealthDirect Service finder](#)

<<https://www.healthdirect.gov.au/australian-health-services>>



PPCC

Visit a [Priority Primary Care Centre – Better Health Channel](#)

<<https://www.betterhealth.vic.gov.au/priority-primary-care-centres>>



NURSE-ON-CALL

NURSE-ON-CALL for assistance and advice from a registered nurse 24 hours a day call 1300 60 60 24



VVED

Visit [Victorian Virtual Emergency Department](#), a public health service to treat non-life-threatening emergencies

<<https://www.vved.org.au>>



Triple Zero

If you think your situation is an emergency, you should always call Triple Zero (000) or go to an **emergency department** or **urgent care centre**