
Join our My maternity journey expert working group

Safer Care Victoria is convening an expert working group of consumers and clinicians to co-design a consumer-facing resource guiding women and their families through every stage of pregnancy and birth, supporting informed decisions and achieving the best possible outcomes.

What is the My maternity journey expert working group?

This group will bring together around 30 consumers and clinicians to co-design a practical consumer-facing resource that supports women and their families through every stage of their maternity journey. Members will collaborate across 6 in-person workshops to ensure the resource is clear, culturally appropriate and evidence-based. The [Victorian Maternity Taskforce](#) recommended development of this resource to support informed choice and understanding of maternity care.

Workshop topics

- Perinatal mental health
- Pre-conception women's health services and sexual health hubs
- First trimester of pregnancy
- Second and third trimesters of pregnancy
- Labour and birth
- Postpartum care (up to six weeks post birth).

What we'll deliver

Through this project we will co-design a resource that:

- Guides women and families through each stage of pregnancy and birth
- Work with the Victorian Aboriginal Community Controlled Health Organisation (VACCHO) to provide culturally appropriate information and resources for First Nations women
- Translates the [maternity and newborn capability frameworks](#) into consumer-friendly language
- Helps women and families easily find information about maternity and newborn care services, including what level of care each hospital or health service provides
- Provides clear information about the kind of care consumers can expect after leaving hospital
- Links to other evidence-based resources to ensure consistency and reliability
- Embeds respectful maternity and newborn care and perinatal mental health across the maternity continuum.

Who should apply?

- Consumers (with lived experience of maternity care in the last 5 years)
- Practicing midwives, obstetricians or obstetric registrars
- Practicing First Nation's health workers
- General practitioner obstetricians

- Practicing paediatricians or neonatologists
- Practicing perinatal psychiatrists and mental health nurses
- Practicing neonatal nurses
- Practicing lactation consultants

Commitment

Six full day in person workshops at 50 Lonsdale Street Melbourne from 8:30am – 4:30pm on the following dates:

- 28 January 2026
- 20 February 2026
- 25 March 2026
- 20 April 2026
- 20 May 2026
- 24 June 2026

Who are we looking for?

Are you:

- Passionate about improving healthcare and outcomes for those receiving maternity care
- Committed to improving consumer engagement and participation in health care
- Knowledgeable through lived or clinical experience in maternity care, including perinatal mental health care
- An effective communicator with strong stakeholder engagement and collaboration skills
- A systems thinker who works well across multidisciplinary teams

If this is you, we'd love to hear from you!

Why you should apply

This is an opportunity to:

- Share your lived experiences of maternity to improve experiences and outcomes for Victorian women and families
- Use your valuable clinical experience and insights into maternity care to collaborate to improve safety and quality of maternity care across the continuum

How to apply

- Complete the [expression of interest form](#)

To express your interest please email:

- Completed terms of reference
- Expression of interest form if application is not completed via Microsoft Forms
- Your CV to:

Isabella Kelly

Acting Manager, Maternity and Newborn Improvement Team maternitynewborn@safecare.vic.gov.au

03 9595 2615

Expression of interest close midnight Sunday, 11 January 2026