

My Maternity Journey

Support informed decision making across maternity care

My Maternity Journey is a digital resource that helps women and families understand their options and what to expect throughout pregnancy, birth and early postnatal care in Victoria.

Developed with clinicians and women with lived experience of maternity care in Victoria.



Visit My Maternity Journey
[safercare.vic.gov.au/
my-maternity-journey](https://safercare.vic.gov.au/my-maternity-journey)

